

CYRILL-WESTSIDE LIBRARY

525 OAK GROVE RD.
SPARTANBURG, SC 29301
864-574-6815

MON-THURS: 9AM-9PM
FRI: 9AM-6PM

SAT: 10AM-6PM
SUN: 1:30PM-6PM

STORYTIME

BABY/TODDLER STORYTIME

Tuesdays at 10am to 11am

PRESCHOOL STORYTIME

Thursdays at 10am to 11am

SATURDAY STORYTIME

MARCH 9 & 23

10:30am to 11am

SPANISH STORYTIME

HORA DEL CUENTO EN ESPAÑOL

13 marzo at 10am to 11am



SPARTANBURG COUNTY
PUBLIC LIBRARIES

www.spartanburglibraries.org
Cyrill-Westside Library: 864-574-6815

CYRILL-WESTSIDE LIBRARY

WHAT'S HAPPENING AT THE CYRILL-WESTSIDE LIBRARY IN MARCH 2024

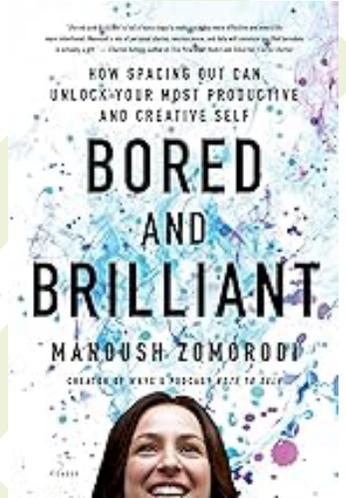
Westside Staff Book of the Month

Bored and Brilliant: How Spacing Out Can Unlock Your Most Productive and Creative Self by Manoush Zomorodi

Call Number: 153.3 Zomorodi

Summary

In 2015, Manoush Zomorodi, creator of WYNC's popular podcast and radio show Note to Self, led tens of thousands of listeners through an experiment to help them unplug from their devices, get bored, jump-start their creativity, and change their lives. *Bored and Brilliant* builds on that experiment, to show us how to rethink our gadget use to live better and smarter in this new digital ecosystem. Manoush explains the connection between boredom and original thinking, exploring how we can harness boredom's hidden benefits to become our most productive and creative selves without totally abandoning our gadgets in the process. Grounding the book in the neuroscience and cognitive psychology of "mind wandering" - what our brains do when we're doing nothing at all - Manoush includes practical steps you can take to ease the nonstop busyness and enhance your ability to dream, wonder, and gain clarity in your work and life. The outcome is mind-blowing. Unplug and read on. - Publisher.



"*Bored and Brilliant* shows the fascinating side of boredom. Manoush Zomorodi investigates cutting-edge research as well as compelling (and often funny) real-life examples to demonstrate that boredom is actually a crucial tool for making our lives happier, more productive, and more creative. What's more, the book is crammed with practical exercises for anyone who wants to reclaim the power of spacing out - deleting the Two Dots app, for instance, or having a photo-free day, or taking a 'fakecation'."

—Gretchen Rubin, author of #1 New York Times Bestseller *The Happiness Project*

Special Announcement

One-on-One Classes available at the Cyrill-Westside Library. If you would like to sign up for a technology class or a proctoring session at the Cyrill-Westside Library, please visit our service desk or call at 864-574-6815. Hour long technology classes can include Word, Power Point, Email, Keyboarding, Mouse, Excel, and more!

MARCH 2024

EVENTS AT CYRILL-WESTSIDE LIBRARY

Adults

Tuesday, March 5
1:00pm
Novel Tea Book Club

Wednesday, March 6
6:30pm
Immigration Connection
Citizenship Class

Friday, March 8
10:30am
Macrame March: First
Session

Tuesday, March 12
7:00pm
To Booktok or Not? Book
Club

Friday, March 15
10:30am
Macrame March: Second
Session

Wednesday, March 20
10:00am
United Way VITA Tax Prep

Friday, March 22
10:30am
Macrame March: Final
Session

Wednesday, March 27
10:00am
Virtually Reading Book Club

Voted best fiction novel of 2023 by readers in the Goodreads Choice Awards, *Yellowface* by R. F. Kuang is adored by many. Join us on March 12 as we discuss the book and decide for ourselves if all the social media hype is well earned. Copies of the book will be available at the Cyrill-Westside circulation desk.

Kids

Monday, March 4
4:30pm
Family Game Time

Thursday, March 7
6:30pm
Video Game Club: Mario
Kart

Monday, March 11 & 25
4:30pm
LEGO Explorers

Thursday, March 14
6:30pm
Mini Makers: Leprechaun
Trap

Monday, March 18
4:30pm
Mini Makers: Paint a Tiny
Birdhouse

Thursday, March 21
6:30pm
Spring Celebrations /
Celebracion de la Primavera
(Bilingual)

Join us as we learn about different celebrations from around the world, from Latin American Easter to Holi. Please bring clothes that can get messy. For ages 12 and under and their families.

Unase a nosotros mientras aprendemos sobre diferentes celebraciones de todo el mundo. Por favor trae ropa que puedas ensuciar. Para menores de 12 años y sus familias.

Thursday, March 28
6:30pm
Board Game Night

Teens

Monday, March 4
6:30pm
Teens Make: Cloud Laterns

Wednesday, March 13
4:30pm
Teen Anime Society

Monday, March 18
6:30pm
Teens Make: Flower Art

All Ages

Mondays in March
11:15am
Monday Morning Yoga with
Ani Perez

Please join us for all ages yoga on Monday mornings. Instructor Ani Perez provides an accessible and authentic environment. Fee is \$2.00 per class.

Tuesday, March 19
6:30pm
March Into Reading: NPS
Sites of the Southeast Coast

Homeschool

Friday, March 1
1:30pm
Hebrew/Jewish

Friday, March 29
1:30pm
Talewise