

Stuck Inside Guide

from your library

Storytime, educational resources, & more.

Learning Tools



EBSCO LearningExpress®



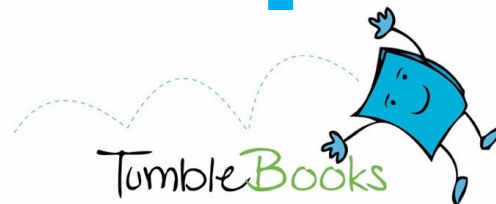
- Learning Zone
- Online

Downloadables



kanopy

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SPARTANBURG COUNTY
PUBLIC LIBRARIES
www.spartanburglibraries.org

Storytime at Home



(864) 596-3530



Brightly Storytime



Storyline Online



Storytime from Space

Songs & Fingerplays

Washing Your Hands

To "If You're Happy and You Know it"

If you're happy and you know it,
Wash your hands,
If you're happy and you know it,
Wash your hands,
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it,
Wash your hands.

To "Row Your Boat"

Wash, wash, wash your hands,
Soap will make them clean.
Scrub until the germs fall off,
Germs go down the drain.

Nursery Rhymes

- Alphabet Song
- Hickory Dickory Dock
- Itsy Bitsy Spider
- Mary Had a Little Lamb
- Twinkle, Twinkle Little Star
- The Wheels on the Bus

Online Videos

JBRARY— Every children's librarian's favorite stop for songs and fingerplays for children birth to five years old.

StoryBlocks — Storyblocks is a collection of 30-60 second videos designed to model to parents, caregivers, and library staff some songs, rhymes, and fingerplays appropriate for early childhood.

Flannel Board Fun — A YouTube station filled with flannel and felt songs and rhymes.



50 Things to Do at Home

1. Play a board game
2. Play a card game
3. Bake cookies
4. Jump rope
5. Color
6. Do a puzzle
7. Try a magic trick
8. Tell a joke
9. Take a hike
10. Call a friend
11. Read a book
12. Play with chalk
13. Make up a game
14. Play with play-doh
15. Have a dance party
16. Sing your favorite song
17. Build a paper airplane
18. Ride a bike
19. Play hide and seek
20. Build with LEGOs
21. Fly a kite
22. Play basketball
23. Make an obstacle course
24. Take pictures of nature
25. Play with your favorite toy
26. Collect bugs
27. Make a fort
28. Do a scavenger hunt
29. Write a story
30. Learn origami
31. Make a craft from recycled materials
32. Play dress up
33. Hold an indoor treasure hunt
34. Make some music
35. Watch a movie
36. Put on a puppet show
37. Write a letter
38. Google "How to draw [your favorite animal]"
39. Have a tea party
40. Make a collage
41. Paint faces
42. Play online math games
43. Go camping indoors
44. Make jewelry
45. Make sock puppets
46. Make slime
47. Do some marble painting
48. Make homemade pizza
49. Have an indoor picnic
50. Make a shadow show

Fluffy Slime Recipe

- 1/2 cup Elmer's glue white or clear
- 1/2 Tbsp Baking Soda
- 1½ Tbsp of Contact Lens Solution
- (Optional) - Food coloring
- (Optional) – Add 2 Tbsp or up to 1/2 cup of water if you'd like a stretchier slime.
- (Optional) – extra glitter (for galaxy slime)

Mix Glue, baking soda, food coloring, and contact solution together with a spoon. Once it's the desired consistency you may start to mix it with your hands. If the slime is too sticky add a bit more baking soda.



Free Educational Courses

Google the following for resources you can access at home:

- BedtimeMath.org
- BreakoutEDU
- Minecraft Education Edition
- Scholastic Learn at Home
- StarNetLibraries.org

Podcasts

- Ages 3-5 Sesame Street Podcast
- Ages 4-10 Circle Round
- All ages Story Pirates

Exercise

Exercise, specifically **Cosmic Kids Yoga** on YouTube, is great for deep breathing & relaxation.



Tips for Talking with Your Kids about COVID-19

These tips are derived from the Substance Abuse and Mental Health Services Administration

Preschool Children, 0-5 Years Old

Give these very young children a lot of emotional and verbal support.

- Get down to their eye level and speak in a calm, gentle voice using words they can understand.
- Tell them that you always care for them and will continue to take care of them so they feel safe.
- Keep normal routines, such as eating dinner together and having a consistent bedtime.

Early Childhood to Adolescence, 6-12 Years Old

Nurture children and youth in this group

- Ask your child or the children in your care what worries them and what might help them cope.
- Offer comfort with gentle words or just being present with them.
- Spend more time with the children than usual, even for a short while.
- If your child is very distressed, excuse him or her from chores for a day or two.
- Encourage children to have quiet time or to express their feelings through writing or art.