

RECIPE FOR FUN

Feeling Salty

This activity could be divided into two different days

Supplies Needed: paper (construction paper doesn't work well), school glue, salt, food coloring, cup with some water, paint brush, baking sheet (optional for easy clean up)

Instructions

1. If using a baking sheet, place the sheet of paper in the pan.
2. Use the school glue to draw whatever shape you would like on the paper.
3. Cover the glue with salt.
4. Dump off excess salt.
5. Let dry completely (this could take an hour or longer, so it makes a convenient stopping point for the day).
6. Put a few drops of food coloring into the cup of water.
7. Use the paint brush to paint the salt with the colored water.



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**EXPLORE
THROUGH
MOVEMENT
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Making art is a fun way to practice little one's fine motor skills. These skills will help them along the way to writing and drawing.

**READ AND DISCUSS
STORIES**

Let your little one's imagination run wild while making up a crazy story about their painting. Show them support by asking questions and listening with interest for their answers.

What are The Palmetto Basics?

The Basics are five fun, simple, and powerful ways that every family can give every child a great start in life. Scan the QR code below with your camera app or visit www.palmetto.thebasics.org to learn more.



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